

When Ethics Meets Well-Being and Mental Health Apps: Moral and Social Issues of Pursuing the Good Life with a Smartphone

Online Workshop, May 25, 2021

12:00 **Welcome / Program** **Nikola Biller-Andorno** (University of Zurich)

12:10 **Panel 1** **Amit Baumel** (University of Haifa): *New conceptualizations of digital mental health care*
 Moderator: Jana Sedlakova
Eleonora Viganò (University of Zurich): *The paradox of digital well-being technologies: improving some aspects of well-being while limiting the good life*
Andrea Ferrario (ETH Zurich): *The better life: two case studies on the use of technology to improve well-being in adult life*

12:55 Questions & Answers

13:15 Lunch

14:45 **Panel 2** **Valentijn Visch** (TuDelft): *Ethics and their stakeholders in healthcare prevention apps*
 Moderator:
 Eleonora Viganò **Tania Manríquez** (University of Zurich): *A manipulation threat of machine learning apps for mental health and well-being*
Matthew Dennis (Eindhoven University of Technology): *Repurposing persuasive technologies for digital well-being*

15:30 Questions & Answers

15:50 Break

16:10 **Panel 3** **Nicole Martínez** (Stanford University): *Equity & access in digital mental health*
 Moderator: Tania Manríquez **Jana Sedlakova** (University of Zurich): *Agency of conversational artificial intelligence for mental health and well-being: normative and epistemic perspectives*
Sonja Schläpfer (University of Zurich): *TBD*

16:55 Questions & Answers

17:15 Short break

17:25 **Round table and final words**

18:00 End of the workshop